DISHES AND THEIR ALLERGEN CONTENT - TAKEAWAY

The following applies to the below chartand is a guideline only:-

✓ = Contains | ? = may contain | No Allergic Ingredients

DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide	Cooking Oil Used	Can Be Made Gluten Free
Fish																
Cod Individual	?	✓	?	?	✓		?	?	?		?	?	?	?	✓	
Haddock Individual	?	✓	?	?	✓		?	?	?		?	?	?	?	✓	
Fish Bites Individual	?	✓	?	?	✓		?	?	?		?	?	?	?	✓	
Plaice Individual	?	✓	?	?	✓		?	?	?		?	?	?	?	✓	
Scampi Individual	?	✓	✓	?	?		?	?	?		?	?	?	?	✓	
Fish Cakes Individual	?	✓	?	?	✓		✓	?	✓		?	?	?	?	✓	
Salt & Pepper Squid	✓	✓	?	✓	?		?	✓	?		?	?	✓	?	✓	
Hake Individual	?	✓	?	?	✓		?	?	?		?	?	?	?	✓	
Managers Special (excluding side)	?	✓	?	?	✓		?	?	?		?	?	?	✓	✓	
Chips																
Chips	?	?	?	?	?		?	?	?		?	?	?	✓	✓	
Cheesy Chips	?	?	?	?	?		✓	?	?		?	?	?	✓	✓	
Chip Butty (FAS)	?	✓	?	?	?		✓	?	?		?	?	?	✓	✓	
Savouries																
Jumbo Pork Sausage Plain	?	✓	?	?	?		?	?	?		?	?	✓	✓	✓	
Jumbo Pork Sausage Battered	?	✓	?	?	?		?	?	?		?	?	✓	✓	✓	
S/Fried Chicken Goujons	?	✓	?	✓	?		?	?	?		?	?	?	?	✓	
Battered Halloumi Bites	?	✓	?	?	?		✓	?	✓		?	?	✓	✓	✓	
Jumbo Saveloy		✓											✓	✓		
Chicken Nuggets	?	✓	?	?	?		?	?	?		?	?	✓	?	✓	
Burgers																
Beefburger (Plain)		✓		✓			✓						✓			
Cod Burger	?	✓	?	✓	✓		✓	?	✓		?	?	✓	?	✓	
Battered Halloumi Burger	?	✓	?	✓	?		✓	?	✓		?	?	✓	✓	✓	
S/Fried Chicken Burger	?	✓	?	✓	?		✓	?	✓		?	?	✓	?	✓	
Vegetable Burger (FRIBO)	?	✓	?	✓	?		✓	?	✓		?	?	✓	?	✓	

Allergens considered in this book are those recognised as per The Food Information Regulations 2014: celery & celeriac; cereals containing gluten (wheat, barley, rye, spelt and kamut); crustaceans; eggs; fish; lupin; milk; molluscs; mustard; tree nuts; peanuts; sesame; soya and sulphur dioxide. Please ask a member of staff if you have allergies other than these and we can guide accordingly.

Review date: _____ ***Reviewed by:*** _____ 30.april

DISHES AND THEIR ALLERGEN CONTENT - TAKEAWAY

The following applies to the below chartand is a guideline only:-

✓ = Contains | ? = may contain | No Allergic Ingredients

DISHES																
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide	Cooking Oil Used	Can Be Made Gluten Free
Kentish Mayde																
Steak & Ale		✓		✓			?							✓		
Chicken & Mushroom		✓		✓			✓									
Spicy Butterbean		✓											✓			
Senior Meals																
Senior Cod	?	✓	?	?	✓		?	?	?		?	?	?	✓	✓	
Senior Haddock	?	✓	?	?	✓		?	?	?		?	?	?	✓	✓	
Senior Plaice	?	✓	?	?	✓		?	?	?		?	?	?	✓	✓	
Senior Sausage Plain	?	✓	?	?	?		?	?	?		?	?	✓	✓	✓	
Senior Sausage Battered	?	✓	?	?	?		?	?	?		?	?	✓	✓	✓	
Senior Fish Bites	?	✓	?	?	✓		?	?	?		?	?	?	✓	✓	
Kids Meals (served with Chips and a drink)																
Fish Bites	?	✓	?	?	✓		?	?	?		?	?	?	✓	✓	
Chicken Nuggets	?	✓	?	?	?		?	?	?		?	?	✓	✓	✓	
Jumbo Sausage Plain	?	✓	?	?	?		?	?	?		?	?	✓	✓	✓	
Jumbo Sausage Battered	?	✓	?	?	?		?	?	?		?	?	✓	✓	✓	
Sides and Extras																
Bread Roll (FAS)		✓										?				
Bread Roll & Butter (FAS)		✓					✓					?				
Mushy Peas																
Baked Beans																
Gravy (Deep Blue)	?	✓					?		?				?	?		
Curry Sauce (Deep Blue)	✓	✓					?		✓				✓	?		
Frickles	✓	✓	?	✓	?		✓	?	✓		?	?	✓	✓	✓	
Onion Ring Hand Made	?	✓	?	?	?		?	?	?		?	?	?	✓	✓	
Pickled Onions														✓		
Pickled Eggs				✓												
Gherkins		✓							✓					✓		

Allergens considered in this book are those recognised as per The Food Information Regulations 2014: celery & celeriac; cereals containing gluten (wheat, barley, rye, spelt and kamut); crustaceans; eggs; fish; lupin; milk; molluscs; mustard; tree nuts; peanuts; sesame; soya and sulphur dioxide. Please ask a member of staff if you have allergies other than these and we can guide accordingly.

Review date: _____ ***Reviewed by:*** _____ 30.april

DISHES AND THEIR ALLERGEN CONTENT - TAKEAWAY

The following applies to the below chartand is a guideline only:-

✓ = Contains | ? = may contain | No Allergic Ingredients

DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide	Cooking Oil Used	Can Be Made Gluten Free
Additional Sauces																
Vinegar (Non-Brewed)		✓														
Heinz Ketchup (Bottle)	✓															
Tomato Sauce Squeeze Me	✓															
Tartare Sauce Squeeze Me				✓												
Mayonnaise Squeeze Me				✓					✓							
Brown Sauce Squeeze Me		✓														
BBQ Sauce Squeeze Me																
Ben & Jerry's																
Cookie Dough		✓		✓			✓						✓			
Chocolate Fudge Brownie		✓		✓			✓									
Caramel Chew Chew				✓			✓			?			✓			
Vanilla				✓			✓									
In-House Made Products and Daily Specials																
Please ensure any products bespoke to your site are listed below and you have accurately extracted Allergen Information contained ingredients as required.																
Rock	?	✓	?	?	✓		?	?	?		?	?	?	?	✓	
Pineapple Fritter	?	✓	?	?	?		?	?	?		?	?	?	?	✓	
Cod Roe Individual	?	✓	?	?	✓		?	?	?		?	?	?	✓	✓	
Pea Fritter	?	✓	?	?	?		?	?	?		?	?	?	?	✓	
Chicken Breast	?	?	?	?	?		?	?	?		?	?	?	?	✓	
Chicken Burger	✓	✓	?	✓	?		✓	?	✓		?	?	✓	?	✓	

Allergens considered in this book are those recognised as per The Food Information Regulations 2014: celery & celeriac; cereals containing gluten (wheat, barley, rye, spelt and kamut); crustaceans; eggs; fish; lupin; milk; molluscs; mustard; tree nuts; peanuts; sesame; soya and sulphur dioxide. Please ask a member of staff if you have allergies other than these and we can guide accordingly.

Review date: _____ ***Reviewed by:*** _____ 30.april